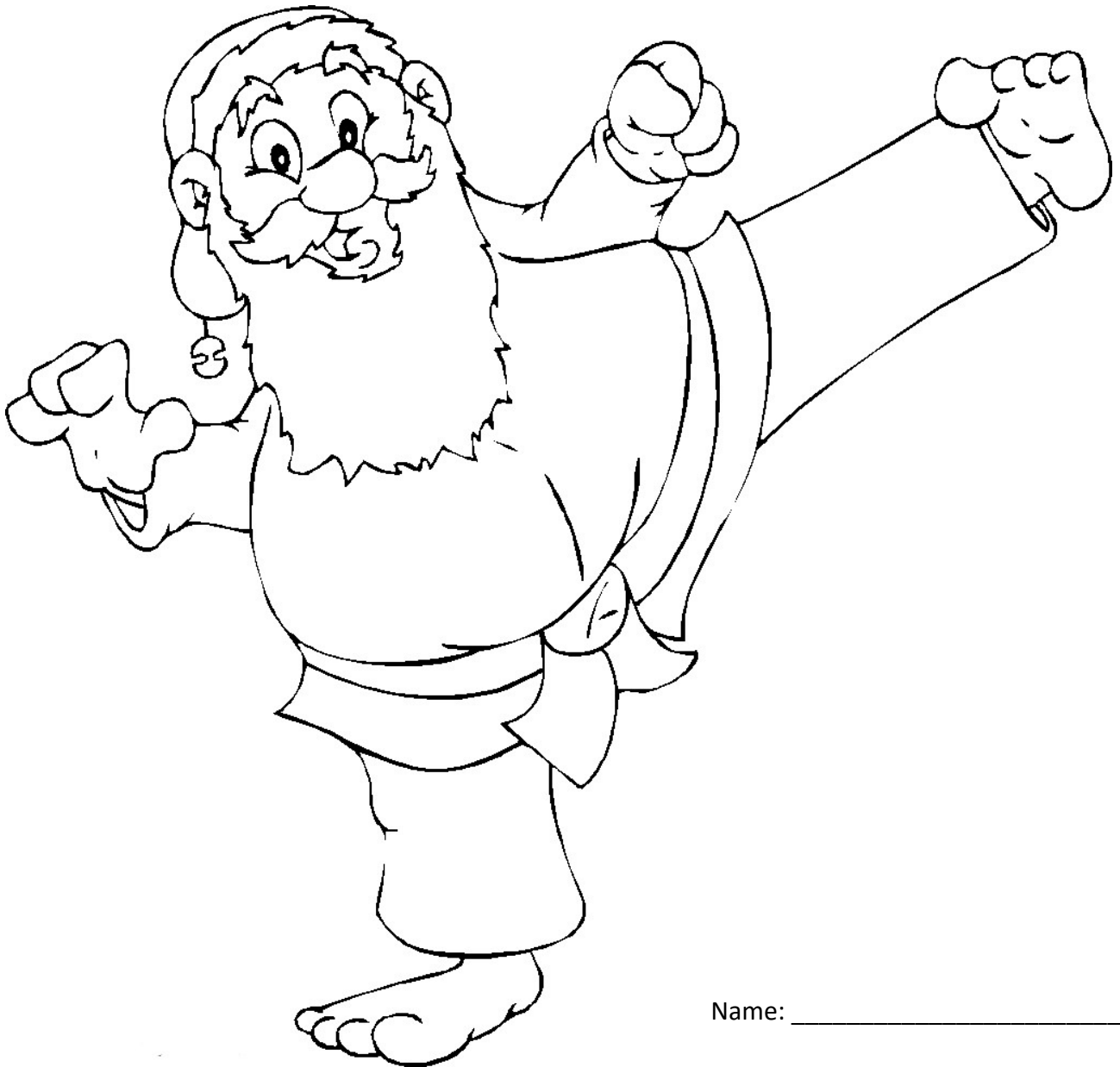


DYNAMIC SELF DEFENCE



Name: _____

HAPPY HOLIDAYS!

**WINNERS OF THE COLOURING COMPETITION WILL BE
ANNOUNCED AT THE CHRISTMAS PARTY SAT 17 DEC 2016**